

# TECH ETIQUETTE FOR THE GYM

- NO FACE TIME IN THE LOCKER ROOM, EVER.
- NO PHOTOS IN THE LOCKER ROOM EITHER.
- DON'T CAMP OUT ON THE EQUIPMENT IN BETWEEN SETS LOOKING AT PHONE.
- MAKE SURE NO ONE ELSE IS IN YOUR GYM SELFIE.
- ASK PERMISSION BEFORE POSTING IMAGES OF OTHERS TO SOCIAL MEDIA.
- REMEMBER PEOPLE ARE AROUND YOU WHEN YOU ARE TALKING ON THE PHONE.
- DO NOT LISTEN TO YOUR PHONE (MUSIC, NEWS, ETC.) OUT LOUD. BRING HEADPHONES.



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